

# Everyday Superheros!



# Engage:

Watch the youtube video. Afterwards, answer the essential questions.

<https://www.youtube.com/watch?v=I5UBikauIQM>



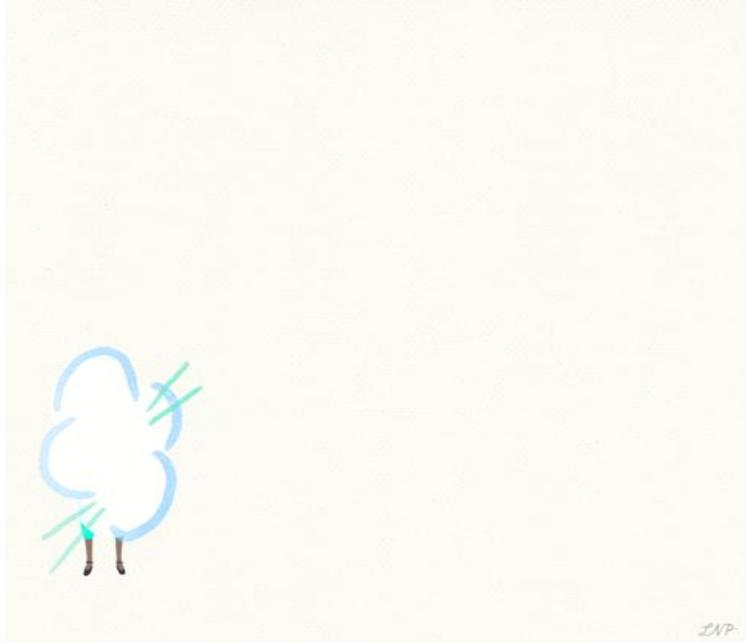
## Essential Questions:

**What are two actions the man in the video took to help out his community?**

**How did performing these two actions help the community and improve the environment around him?**

# Engage:

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<https://www.youtube.com/watch?v=tgF1Enrgo2g>

## Essential Questions:

**According to the kid president, what kinds of people are superheros?**

**Give an example of how someone in the video is a superhero:**

# Explore:

Think of 3 of your best strengths and list them below:

1)

2)

3)

# Explain:



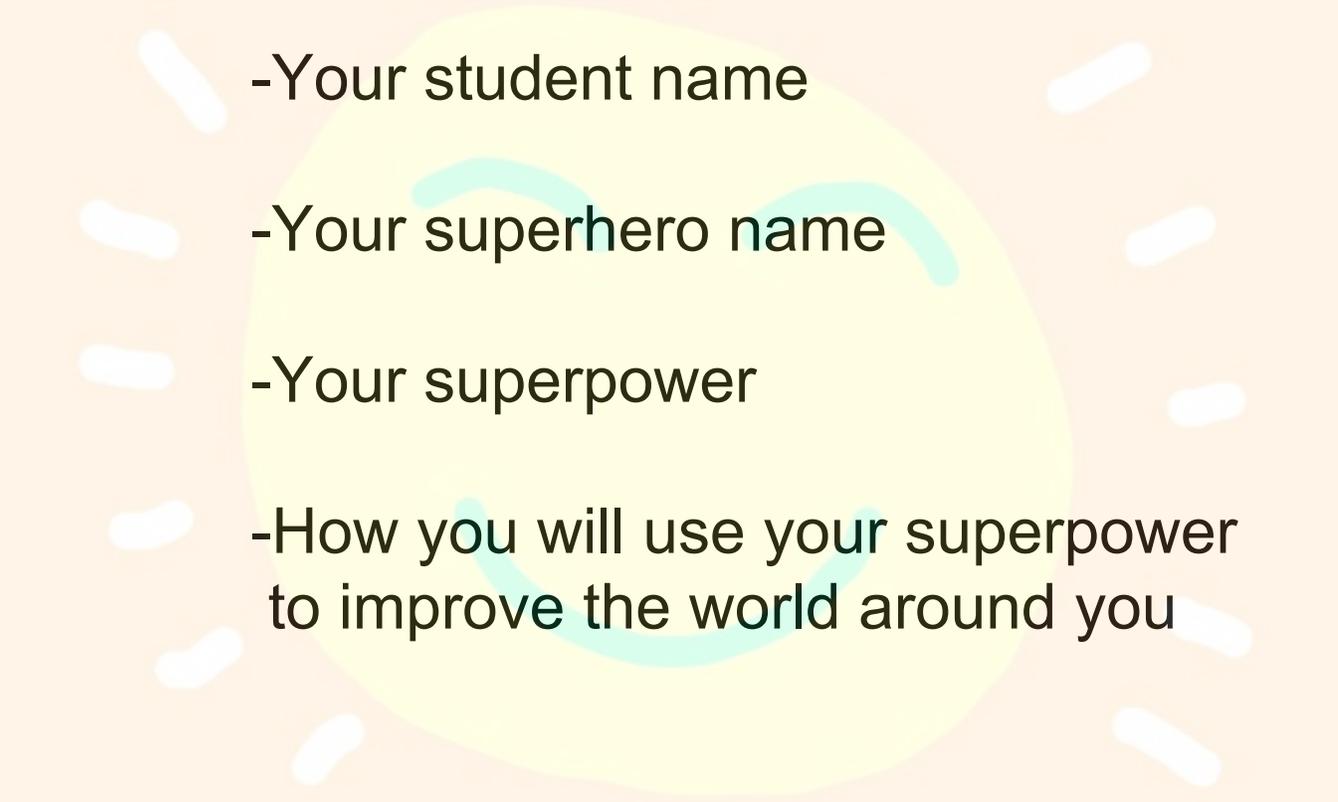
Pick **one** of your strengths from the previous slide and answer the following questions:

- 1) What superpower can you turn this strength into?
  
  
  
  
  
  
  
  
  
  
- 2) What superhero name can you use that correlates with this strength?
  
  
  
  
  
  
  
  
  
  
- 3) What is one specific way you can use this superpower to improve the world around you?

# Apply:

Now you're ready to create your superhero persona! At the front of the classroom are different templates you can use, or you can use blank paper to design your own.

- 1) Color the template being creative and original! You want this to be neat and eye-catching! Make it original and exciting!
- 2) Below your drawing, or on the back of the paper, write the following information:



-Your student name

-Your superhero name

-Your superpower

-How you will use your superpower to improve the world around you

# Extend:

Ellen has paired with Cheerios to complete One Million Acts of Good. Let's join them!

<https://www.youtube.com/watch?v=et2rIAN4E2o>



After watching this video, ask for the Part Two worksheet that goes along with the Superhero Project! Read the entire worksheet carefully before filling it out.

When you are done filling out the worksheet, turn it into the teacher for a grade.

# Research Bonus 1



**Do you want to take this further?  
Check out some of these websites  
that can help you find a place to volunteer:**

<https://blog.cdphp.com/community/student-volunteer-options-in-the-capital-district/>

<https://starbucks.volunteermatch.org/search/?k=&l=Latham%2C+NY+12110>

**Pick one place/ project you plan to volunteer with:**

**What date/ time will you volunteer:**

**What is one thing you are nervous about as you take on this project? Why?**

**What do you hope to gain from this experience?**

# Real World - BONUS 1

Now that you have volunteered, answer the following questions about your experience:

1) Why does the organization your worked for exist?

2) How was your experience different than what you expected?

3) What did you gain from this experience?

# Real World - BONUS 1

4) How were you challenged during this experience?

5) What did you learn about yourself from this experience?

6) Complete this sentence: Because of this service learning project, I am.....

7) Do you think you will volunteer more in the future? Why or why not?

# Future World: BONUS 2

We are all surrounded by everyday superheros! The future of our world is bright because of these people. The Kid President talked about compassion in his video and mentioned thanking our everyday superheros.

- 1) Pick one everyday superhero in your life who has made a great impact on you.
- 2) Write this superhero a letter of gratitude.
- 3) Take a picture of the letter or make an extra copy to hand into your teacher for credit. (she can edit it and give it back to you)
- 4) Send the letter to your superhero and feel good that you are spreading joy!

